

Review Article

Comprehensive Review of Simulation-Based Assessment in Pharmacist Competence: A Detailed Analysis

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A B S T R A C T

Simulation-based assessment (SBA) has emerged as a pivotal tool in evaluating pharmacist competence, offering a dynamic and controlled environment to measure clinical skills, decision-making abilities, and communication proficiency. Key modalities such as manikin-based simulations, standardized patients, virtual simulations, and hybrid approaches are examined, highlighting their respective contributions to skill development and assessment. The review underscores SBA's role in bridging the gap between didactic learning and clinical application, enhancing learning outcomes, and preparing pharmacists for diverse healthcare scenarios. Furthermore, it discusses considerations for integrating SBA into curricula, including standardization, fidelity, and faculty training. By critically evaluating the evidence and methodologies of SBA.

Keywords: Simulation-Based Assessment, Pharmacist, Skill Development, Clinical Application

Introduction

Pharmacy practice requires a high level of competence in clinical skills, decision-making, and patient interaction. Traditional assessment methods, such as written exams and objective structured clinical examinations (OSCEs), have limitations in fully capturing the dynamic nature of pharmacy practice. Simulation-based assessments have emerged as a valuable tool to bridge this gap, offering realistic scenarios for pharmacists to demonstrate their skills in a controlled environment.¹

Methodology

A scoping review methodology was employed to gather and analyze relevant literature on simulation-based assessments in pharmacy. Databases such as PubMed, Scopus, and Google Scholar were searched using keywords like

“simulation-based assessment,” “pharmacist competence,” and “pharmacy education.” Studies were included if they focused on the use of simulation in assessing pharmacist skills and competence. Both qualitative and quantitative studies were considered to provide a comprehensive overview.

Simulation Models in Pharmacy

Several simulation models are used in pharmacy education, including:

- 1. Manikin-Based Simulations:** Manikin-based simulations are a cornerstone of modern pharmacy education, providing a highly realistic and interactive platform for training and assessing pharmacists. These simulations utilize high-fidelity manikins that can mimic a wide range of physiological responses and medical

conditions, offering a dynamic and immersive learning environment. The advanced technology embedded in these manikins allows for the simulation of complex clinical scenarios, such as cardiac arrests, respiratory failures, and other critical situations that require immediate and precise intervention.² Pharmacists can practice administering medications, performing physical assessments, and managing patient care in a controlled setting that closely replicates real-world conditions. The hands-on experience gained through these simulations is invaluable, as it enables pharmacists to develop and hone their clinical skills without the risk of causing harm to actual patients. Furthermore, manikin-based simulations facilitate the development of critical thinking and decision-making abilities, as participants must navigate realistic challenges and make timely, evidence-based decisions. Instructors can manipulate the scenarios to introduce unexpected complications or changes in patient status, thereby testing the adaptability and competence of the pharmacists. Immediate feedback is a key component of manikin-based simulations, allowing participants to learn from their actions in real-time and to understand the consequences of their decisions.¹ This iterative process of practice, feedback, and improvement significantly enhances the learning experience and prepares pharmacists for the demands of clinical practice. Despite the high cost and resource requirements associated with these simulations, their effectiveness in bridging the gap between theoretical knowledge and practical application makes them an essential tool in pharmacy education and training.³

2. Standardized Patients (SPs): Standardized Patients (SPs) are a vital component of simulation-based education in pharmacy, providing a highly realistic and interactive platform for pharmacists to develop and assess their clinical and communication skills. SPs are individuals trained to accurately and consistently portray patients with specific medical conditions, complete with detailed histories, symptoms, and emotional responses. This method of simulation allows pharmacists to engage in authentic patient interactions, practicing history taking, physical examinations, counseling, and therapeutic decision-making in a controlled, yet realistic environment. The use of SPs enables pharmacists to practice and refine their interpersonal communication skills, which are crucial for effective patient care.⁴ Through these interactions, pharmacists learn to navigate sensitive topics, deliver complex information clearly, and build rapport with patients from diverse backgrounds. The realistic portrayal of patient scenarios by SPs also helps pharmacists develop empathy and cultural

competence, as they encounter a variety of patient behaviors and health beliefs. One of the significant advantages of using SPs is the ability to standardize the assessment process. SPs can be trained to provide consistent responses and exhibit specific symptoms, ensuring that each pharmacist is evaluated under the same conditions. This standardization enhances the reliability and fairness of assessments, making it easier to identify strengths and areas for improvement across different learners. Feedback is another crucial aspect of SP-based simulations.⁵ SPs can provide immediate, personalized feedback from the patient's perspective, highlighting areas where the pharmacist excelled or where improvements are needed. Additionally, instructors can observe these interactions and offer constructive feedback, further enhancing the learning experience. Despite the clear benefits, there are challenges associated with the use of SPs. Training SPs to accurately and consistently portray medical conditions requires significant time and resources. Additionally, the logistical aspects of scheduling and coordinating SP sessions can be complex. However, the benefits of using SPs in developing competent, empathetic, and well-rounded pharmacists far outweigh these challenges, making them an indispensable tool in pharmacy education.⁶

3. Virtual Simulations: Virtual simulations represent an innovative and increasingly popular approach in pharmacy education, leveraging digital technology to create immersive, interactive learning environments. These simulations use advanced software and virtual reality (VR) to replicate real-world pharmacy settings and clinical scenarios, allowing pharmacists to practice and refine their skills in a safe, controlled, and highly realistic virtual space. One of the primary advantages of virtual simulations is their ability to provide a wide range of clinical experiences without the constraints of physical resources or patient availability. Pharmacists can engage in diverse scenarios, from routine patient consultations to complex clinical cases, involving the management of chronic diseases or acute medical emergencies. These simulations often include detailed virtual patients, complete with medical histories, symptoms, and lab results, requiring pharmacists to employ critical thinking, clinical decision-making, and therapeutic management skills. Virtual simulations also offer the flexibility of anytime, anywhere learning, making them highly accessible and convenient for both students and practicing pharmacists.⁷ This flexibility supports individualized learning paces and accommodates varying schedules, which is particularly beneficial for distance education and continuing professional development. Additionally, virtual

simulations can be easily updated and customized to reflect the latest clinical guidelines, therapeutic advancements, and emerging health issues, ensuring that the training remains current and relevant. The interactive nature of virtual simulations allows for real-time feedback and assessment. Pharmacists receive immediate feedback on their performance, including detailed explanations of errors and suggestions for improvement. This immediate feedback loop enhances learning and retention, enabling pharmacists to correct mistakes and refine their skills continuously. Moreover, the data generated during virtual simulations can be analyzed to identify trends, common errors, and areas requiring additional focus, providing valuable insights for educators and learners alike.^[8] Despite their many benefits, virtual simulations are not without challenges. Developing high-quality virtual simulations can be expensive and technically demanding, requiring substantial investment in software development and technical support. Additionally, there may be a learning curve associated with using the technology, particularly for those who are less tech-savvy. However, as technology continues to advance and become more accessible, these challenges are likely to diminish, making virtual simulations an increasingly integral part of pharmacy education and training.⁹

- 4. Hybrid Simulations:** Hybrid simulations combine the strengths of various simulation modalities to create a comprehensive and multifaceted training and assessment environment for pharmacists. This approach integrates elements of manikin-based simulations, standardized patients (SPs), and virtual simulations, offering a more holistic and dynamic learning experience. By blending these different methods, hybrid simulations aim to enhance the realism, complexity, and educational value of the training scenarios. One of the primary benefits of hybrid simulations is their ability to provide a more complete and immersive learning experience. For example, a hybrid simulation might begin with a virtual patient interaction where the pharmacist gathers initial patient history and information. This could be followed by a session with an SP, allowing the pharmacist to practice communication skills and patient counseling. Finally, the scenario might transition to a manikin-based simulation, where the pharmacist can apply clinical skills such as medication administration or emergency interventions. This seamless integration of different simulation types ensures that pharmacists are well-prepared for the multifaceted nature of real-world practice. Hybrid simulations also enhance the educational value by incorporating a broader range of skills and competencies.^{4,5} Pharmacists must navigate

both the technical aspects of patient care, such as performing physical assessments and managing medication therapy, as well as the interpersonal aspects, such as building rapport with patients and effectively communicating treatment plans. By combining these elements, hybrid simulations provide a more comprehensive assessment of a pharmacist's abilities, covering both clinical and soft skills. Another advantage of hybrid simulations is their flexibility and adaptability. Educators can design hybrid scenarios to address specific learning objectives, patient populations, or clinical situations. This customization allows for targeted training that meets the unique needs of individual learners or groups. Additionally, hybrid simulations can be adjusted in real-time to introduce new challenges or complications, further enhancing the learning experience and preparing pharmacists for the unexpected nature of clinical practice.¹⁰ Feedback in hybrid simulations is multifaceted, drawing from the strengths of each simulation component. Pharmacists can receive immediate feedback from SPs on their communication and interpersonal skills, while instructors can provide detailed critiques of clinical performance based on observations and data from manikin-based and virtual simulations. This comprehensive feedback helps pharmacists understand their strengths and areas for improvement, fostering continuous professional growth. Despite their many benefits, hybrid simulations also present certain challenges. Coordinating the different components of a hybrid simulation can be logistically complex and resource-intensive. It requires careful planning and collaboration among educators, SPs, and technical staff. Additionally, the cost of implementing and maintaining hybrid simulations can be high, given the need for advanced technology and trained personnel.¹¹

Effectiveness of Simulation-Based Assessments

Simulation-based assessments have shown to be effective in several ways:

- 1. Skill Development:** Skill development is a critical aspect of pharmacy education and practice, encompassing a broad range of competencies essential for effective patient care. Simulation-based assessments play a pivotal role in this developmental process by providing realistic, hands-on experiences that bridge the gap between theoretical knowledge and practical application. Through various simulation modalities, pharmacists can develop and refine their technical, clinical, and interpersonal skills in a controlled, safe environment. One of the key advantages of simulation-based skill development is the ability to practice complex clinical procedures and decision-making without the

risk of harming actual patients.¹² For instance, manikin-based simulations enable pharmacists to engage in high-fidelity clinical scenarios, such as administering intravenous medications, managing acute emergencies, and performing physical assessments. These simulations offer a realistic platform for pharmacists to apply their knowledge, practice critical procedures, and gain confidence in their abilities.

In addition to technical skills, simulation-based assessments are instrumental in developing pharmacists' communication and interpersonal skills. Standardized Patients (SPs) play a crucial role in this aspect, as they provide a realistic setting for pharmacists to practice patient interactions, counseling, and empathy. Through repeated interactions with SPs, pharmacists can improve their ability to convey complex medical information clearly, address patient concerns, and build therapeutic relationships.¹³ This practice is invaluable in preparing pharmacists for the nuanced and diverse communication challenges they will encounter in real-world settings. Virtual simulations further enhance skill development by offering interactive, immersive environments where pharmacists can engage in various clinical scenarios. These digital platforms allow for repetitive practice and immediate feedback, facilitating continuous learning and improvement. Pharmacists can navigate through different case studies, make clinical decisions, and observe the outcomes of their actions in real-time, helping to solidify their clinical reasoning and decision-making skills. Hybrid simulations, which combine elements of manikin-based, SP, and virtual simulations, provide a comprehensive skill development experience. By integrating these different modalities, hybrid simulations offer a multifaceted approach to learning, ensuring that pharmacists develop a well-rounded set of competencies. They can practice transitioning from patient communication to clinical procedures seamlessly, reflecting the complexities of real-world practice.^{12,14}

Immediate feedback is a cornerstone of simulation-based skill development. Instructors and SPs provide real-time critiques and guidance, allowing pharmacists to identify their strengths and areas for improvement promptly. This feedback loop is essential for fostering a growth mindset and encouraging continuous professional development. By reflecting on their performance and implementing suggested improvements, pharmacists can enhance their skills and prepare for increasingly challenging scenarios.¹³

- 2. Realistic Scenarios:** Realistic scenarios are a cornerstone of effective simulation-based education, providing pharmacists with the opportunity to engage in lifelike

clinical situations that mirror the complexities of real-world practice. These scenarios are meticulously designed to replicate the challenges and nuances of everyday pharmacy operations, allowing pharmacists to apply their knowledge and skills in a controlled, yet highly authentic, environment.

One of the primary benefits of realistic scenarios is their ability to enhance experiential learning. By immersing pharmacists in detailed, context-rich situations, these scenarios facilitate the application of theoretical knowledge to practical tasks. For example, a simulation might involve managing a patient with multiple comorbidities, requiring the pharmacist to navigate complex medication regimens, identify potential drug interactions, and make clinical decisions based on evolving patient data. This hands-on experience is invaluable in helping pharmacists develop critical thinking and problem-solving skills that are essential for effective patient care.¹⁵ Realistic scenarios also help bridge the gap between classroom learning and clinical practice. In a traditional educational setting, pharmacists often learn about diseases, treatments, and patient care in a segmented and theoretical manner. Realistic simulations integrate these elements into cohesive, real-life contexts, demonstrating how various aspects of pharmacy practice intersect and influence each other. This holistic approach to learning ensures that pharmacists are better prepared to handle the multifaceted nature of their profession.¹⁶

The use of realistic scenarios is particularly effective in developing pharmacists' communication and interpersonal skills. Simulations involving Standardized Patients (SPs) are designed to mimic genuine patient interactions, complete with emotional and psychological dimensions. Pharmacists must navigate sensitive conversations, provide patient counseling, and build rapport under realistic conditions. This exposure helps pharmacists develop empathy, cultural competence, and the ability to communicate complex medical information clearly and compassionately.

- 3. Immediate Feedback:** Immediate feedback is a crucial component of simulation-based education, playing a pivotal role in enhancing the learning experience for pharmacists. This timely and specific feedback allows learners to quickly identify and understand their errors, reinforcing correct actions and guiding them towards improvement. The immediacy of feedback in simulations ensures that learning is active and continuous, which is essential for skill development and competence in pharmacy practice. One of the primary advantages of immediate feedback is its ability to reinforce learning in real-time. During simulation exercises, whether with manikins, standardized

patients (SPs), or virtual simulations, pharmacists receive instant evaluations of their performance. This can include corrections on procedural techniques, suggestions for better communication strategies, or insights into clinical decision-making processes. By addressing mistakes as they occur, immediate feedback helps pharmacists correct their actions on the spot, enhancing retention and understanding.¹⁷

Immediate feedback also supports the development of critical thinking and problem-solving skills. In complex clinical scenarios, pharmacists are required to make quick, evidence-based decisions. Immediate feedback helps them understand the rationale behind their choices and the consequences of their actions. For example, if a pharmacist incorrectly prioritizes treatment options during a simulated emergency, immediate feedback can help them understand the correct approach and the underlying principles. This iterative process of action and feedback fosters deeper learning and better prepares pharmacists for real-life situations. The interactive nature of simulations, combined with immediate feedback, creates a dynamic and engaging learning environment. Pharmacists are more likely to stay motivated and focused when they receive instant responses to their actions. This engagement is further enhanced by the ability to immediately apply the feedback in subsequent simulation rounds, allowing for continuous practice and improvement.^{6,7} The cycle of action, feedback, and repetition is a powerful mechanism for building confidence and competence.

Immediate feedback is particularly effective in developing communication skills. When interacting with SPs, pharmacists receive immediate reactions to their communication style, empathy, and professionalism. SPs can provide personalized feedback from the patient's perspective, highlighting areas where the pharmacist excelled and where there is room for improvement. This direct and immediate input helps pharmacists refine their patient interaction skills, which are critical for effective patient care and relationship building.¹⁸

4. **Standardization:** Standardization in simulation-based education is a fundamental aspect that ensures consistency, fairness, and reliability in the assessment and training of pharmacists. By providing a uniform framework for simulations, standardization allows educators to create consistent scenarios, evaluate performance using uniform criteria, and compare results across different learners or groups. This approach enhances the credibility and effectiveness of simulation-based assessments, making them a vital tool in pharmacy education. One of the primary

benefits of standardization is the ability to create consistent and reproducible training scenarios. Whether using manikins, standardized patients (SPs), or virtual simulations, standardized protocols ensure that each pharmacist encounters the same conditions, challenges, and expectations. This uniformity is crucial for comparing performance across different individuals and cohorts, as it eliminates variability that could arise from differences in scenario complexity or execution. For instance, in an SP-based simulation, standardized scripts and training for SPs ensure that every pharmacist faces the same patient responses and clinical presentations, leading to fair and consistent assessments.^{12,16}

Standardization also enhances the reliability of performance evaluations. With standardized criteria and scoring rubrics, educators can objectively assess pharmacists' skills and competencies. These rubrics typically outline specific behaviors, actions, and outcomes expected in each scenario, providing clear benchmarks for evaluation. This objectivity is essential for ensuring that assessments are fair and unbiased, allowing educators to identify strengths and areas for improvement accurately. Moreover, standardized evaluations can help identify trends and gaps in training, informing curriculum development and targeted interventions. Another significant advantage of standardization is the facilitation of large-scale studies and comparisons. Standardized simulation protocols enable researchers and educators to collect and analyze data across multiple institutions or programs.¹⁹ This data can provide valuable insights into the effectiveness of different training approaches, the proficiency levels of pharmacists, and the impact of simulation-based education on clinical practice. By comparing standardized results, institutions can benchmark their programs against others, fostering a culture of continuous improvement and best practice sharing.

Challenges and Limitations

While simulation-based assessments offer numerous benefits, there are challenges and limitations to consider:

- **Cost and Resource Intensity:** Implementing simulation-based education requires significant financial investment in technology, infrastructure, and faculty training. High-fidelity manikins, simulation software, and standardized patient programs can be expensive to acquire and maintain. Additionally, dedicated space, technical support staff, and ongoing updates to simulation scenarios contribute to the overall cost. Limited financial resources can pose a barrier to institutions looking to adopt or expand simulation-

based education programs.²⁰

- **Faculty Expertise and Training:** Effective use of simulations demands skilled educators who can design, facilitate, and debrief simulation sessions. Faculty members require specialized training in simulation methodologies, scenario development, and the use of simulation technology. Training faculty to provide constructive feedback, manage simulated scenarios, and integrate simulations into the broader curriculum requires time and resources. Ensuring sufficient faculty expertise and support is crucial for the success of simulation-based education initiatives.²¹
- **Integration with Curriculum and Assessment:** Integrating simulations into the existing curriculum and aligning them with learning objectives and assessment criteria can be challenging. Simulation activities must be carefully planned and sequenced to complement classroom instruction and clinical rotations effectively. Developing standardized assessment tools and rubrics that accurately measure learner competencies across simulation experiences requires careful consideration and ongoing refinement. Ensuring coherence and consistency in curriculum integration is essential for maximizing the educational impact of simulations.⁵
- **Fidelity and Realism:** Achieving high fidelity and realism in simulations is essential for their effectiveness. However, maintaining realism while balancing educational objectives can be complex. High-fidelity manikins and virtual simulations aim to replicate real-world scenarios, but they may not fully capture the nuances of clinical practice or patient interactions. Standardized patients (SPs) can provide realistic patient encounters, but their portrayal may vary, impacting the consistency of simulation experiences. Striking a balance between fidelity, educational goals, and resource constraints is a continual challenge in simulation-based education.¹²
- **Logistical and Scheduling Challenges:** Coordinating simulation sessions, especially those involving SPs and specialized equipment, can be logistically challenging. Scheduling conflicts, limited availability of simulation labs, and coordinating multiple stakeholders (faculty, learners, SPs, technical staff) can disrupt planned activities. Ensuring efficient use of simulation resources and minimizing downtime requires effective scheduling, communication, and coordination among all parties involved.
- **Evaluation and Evidence of Effectiveness:** Demonstrating the effectiveness and impact of simulation-based education on learner outcomes and patient care remains a critical challenge. While anecdotal evidence and learner satisfaction surveys are common, rigorous evaluation studies linking simulation

experiences to improved clinical competencies, patient safety, and healthcare outcomes are still needed. Gathering robust data, conducting longitudinal studies, and comparing simulation-based education with traditional methods require dedicated research efforts and collaboration across institutions.

- **Scalability and Sustainability:** Scaling simulation-based education initiatives across larger cohorts or multiple institutions can be challenging. Limited access to simulation resources, faculty expertise, and funding constraints may hinder widespread adoption. Maintaining simulation equipment, updating scenarios, and ensuring ongoing faculty development to sustain program quality over time require institutional commitment and long-term planning.^{8,9,10}

Conclusion

Simulation-based assessments are a valuable tool in evaluating and enhancing pharmacist competence. They offer realistic, interactive, and standardized assessment environments that address the limitations of traditional assessment methods. Despite the challenges, the integration of simulation-based assessments in pharmacy education and practice holds significant promise for improving the quality of pharmacist training and ensuring high standards of patient care. Future research should focus on addressing the challenges and exploring innovative solutions to make simulation-based assessments more accessible and effective.

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